

FALL 2019 WORKSHOPS

OFFICE OF EDUCATIONAL OPPORTUNITY AND ENRICHMENT SERVICES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 0	SEPTEMBER 23 FALL QUARTER BEGINS	24	25 FALL INSTRUCTION BEGINS Designing a Weekly Schedule 2:10 PM	26 How to Write the Statement of Purpose 4:10 PM Designing a Quarter Calendar 11 AM	27 Study Smarter, Not Harder 1:10 PM
WEEK 1	30 How to Prepare for and Apply to Law School 1:10 PM Task Management 3:10 PM	OCTOBER 1	2 Grad School 101 1:10 PM Designing a Quarter Calendar 12:10 PM	3 Designing a Weekly Schedule 2:10 PM	4 Maximizing the GRE 2:10 PM
WEEK 2	7 GRE Verbal and Writing Workshops 5:10 - 7 PM Strategies for Test Taking 4:10 PM	8 Designing a Weekly Schedule 12:10 PM	9 Take it to the Next Level: How Undergraduate Research Prepares you for Grad School 1:10 PM	10 How to Write the CV or Resume for Grad School 3:10 PM Thrive Versus Survive 4:10 PM	11
WEEK 3	14 How to Write the Personal History Statement 4:10 PM Focus and Concentration 1:10 PM	15 Remember Me? Asking for Letters of Rec 3:10 PM Study Smarter, Not Harder 4:10 PM	16 Communicating with Professors 4:10 PM	17	18 How to Write the Law School Personal Statement 2:10 PM
WEEK 4	21 Prepare for the Fair 4:10 PM	22 Goal Setting 2:10 PM	23 Graduate and Law School Information Day 11 AM - 3 PM	24 Strategies for Test Taking 12:10 PM	25 Reading at the Research University 1:10 PM
WEEK 5	28 Maximizing Lecture 4:10 PM	29 How to Prepare for and Apply to Grad School for International Students 12:10 PM How to Prepare for and Apply to Law School 3:10 PM Communicating with Professors 2:10 PM GRE Verbal and Writing Workshops 5:10 - 7 PM	30 How to Prepare for and Apply to Teaching Credential Programs 12:10 PM Remember Me? Asking for Letters of Rec 4:10 PM Study Smarter, Not Harder 2:10 PM	31	NOVEMBER 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 6	4 Going to Grad School for Psychology 4:10 PM Reading at the Research University 3:10 PM	5 Maximizing the GRE 12:10 PM Focus and Concentration 4:10 PM	6 How to Write the Statement of Purpose 3:10 PM	7	8 Task Management 1:10 PM
WEEK 7	11	12 Maximizing Lecture 12:10 PM	13 Thrive Versus Survive 2:10 PM GRE Verbal and Writing Workshops 4:10 - 6 PM	14 Designing and Delivering Presentations 11 AM	15 How to Write the CV or Resume for Grad School 1:10 PM
WEEK 8	18 Grad School 101 4:10 PM Study Smarter, Not Harder 3:10 PM	19 How to Write the Personal History Statement 2:10 PM Reading at the Research University 3:10 PM	20 Strategies for Test Taking 12:10 PM	21	22
WEEK 9	25 Designing and Delivering Presentations 1:10 PM	26 How to Prepare for MBA Programs 4:10 PM Thrive Versus Survive 11 AM	27 Goal Setting 4:10 PM	28	29
WEEK 10	DECEMBER 2 Maximizing the Gap Year(s) 3:10 PM 229 South Hall	3 Task Management 4:10 PM	4	5 Focus and Concentration 3:10 PM	6 FALL INSTRUCTION ENDS Strategies for Test Taking 2:10 PM
FINALS	9	10	11	12	13 FALL QUARTER ENDS

PRE-GRADUATE / LAW ADVISING

GENERAL PREP FOR GRAD SCHOOL

How to Write the Statement of Purpose

This workshop covers the elements that are typically included in the statement of purpose, as well as strategies to strengthen the essay.

Thu 9/26 4:10 PM
Wed 10/16 12:10 PM
Wed 11/6 3:10 PM

How to Write the CV or Resume for Grad School

Learn how to write a curriculum vitae, how it is different from a resume, and what role it plays in the application process.

Thu 10/10 3:10 PM
Fri 11/15 1:10 PM

How to Write the Personal History Statement

Learn about the personal history statement required by some graduate schools, including most UCs. Explore how to maximize this essay, sometimes called the diversity statement, and brainstorm about which topics to write about.

Mon 10/14 4:10 PM
Tue 11/19 2:10 PM

Take it to the Next Level: How Undergraduate Research Prepares you for Grad School

As part of the Undergraduate Research Center's 2019 Undergraduate Research Week, join us for a workshop that explores the ways in which undergraduate research enhances your grad school application and why some fields and degrees require research experience.

Wed 10/9 1:10 PM

Grad School 101

Are you thinking about grad school but don't know where to start? Discover the differences between Master's and Ph.D programs, and research versus professional programs in this workshop, as well as various factors to consider when choosing the type of program, including funding.

Wed 10/2 1:10 PM
Mon 11/18 4:10 PM

Maximizing the GRE

This workshop introduces the Graduate Record Examinations (GRE) and discusses study strategies and test-taking best practices.

Fri 10/4 2:10 PM
Tue 11/5 12:10 PM

Remember Me? Asking for Letters of Rec

This workshop provides helpful tips for getting letters of recommendation for graduate school, including who to ask, when to ask, and how to build relationships with potential letter writers.

Wed 10/15 3:10 PM
Wed 10/30 4:10 PM

Maximizing the Gap Year(s)

This workshop explains what a gap year is, reasons why to consider taking a gap year, and what to do during that time.

Mon 12/2 3:10 PM
229 South Hall

GRE Verbal and Writing Workshops

Are you taking the GRE this fall? Join us for a workshop on strategies specifically for the verbal and writing sections. We will go over practice questions and prompts.

Mon 10/7 5:10 - 7 PM
Tue 10/29 5:10 - 7 PM
Wed 11/13 4:10 - 6 PM

PRE-LAW WORKSHOPS

How to Prepare for and Apply to Law School

This workshop is a general introduction to the law school application process.

Mon 9/30 1:10 PM
Tue 10/29 3:10 PM

How to Write the Law School Personal Statement

Learn about the personal statement for law school, what it should cover and how it works with other aspects of the application.

Fri 10/18 2:10 PM

SPECIALIZED WORKSHOPS

Prepare for the Fair

Prepare for Graduate and Law School Info Day! Get suggestions for how to approach program representatives and what to ask them.

Mon 10/21 4:10 PM

How to Prepare for and Apply to Grad School for International Students

Explore how to prepare and apply for graduate study in a research or professional program as an international student. Offered through partnership with Undergraduate Education and Advising in the College of Letters and Science.

Tue 10/29 12:10 PM

How to Prepare for and Apply to Teaching Credential Programs

This workshop is a general introduction to the application process for teaching credential programs (K-12). Offered through partnership with the UC Davis School of Education.

Wed 10/30 12:10 PM

How to Prepare for MBA Programs

This workshop is a general introduction to the business school (Master's in Business Administration) application process.

Tue 11/26 4:10 PM

Graduate and Law School Information Day

Graduate and Law School Information Day gives students and others an opportunity to explore graduate and law programs and speak directly with admissions staff. Attendees can learn more about the application process and program faculty, culture and curriculum, as well as financial support and fellowships. Programs may also offer fee waivers to attendees who stop by their tables. This event is free and open to the public. Visit glsid.ucdavis.edu for more information.

Wed 10/23 11 AM - 3 PM

Going to Grad School for Psychology

Are you interested in going to graduate school for psychology? Learn about the many different programs available, including the Master's in Social Work (MSW), Master's in Marriage and Family Therapy (MFT), clinical psychology Ph.Ds and PsyDs, and research Ph.Ds. Find out which grad programs prepare you for specific career paths, including therapist, clinical psychologist, or professor of psychology, and how to prepare for them.

Mon 11/4 4:10 PM

SUCCESS COACHING AND LEARNING STRATEGIES

Communicating with Professors

What are best practices for communicating and building relationships with professors? We will discuss e-mail, office hours, and mentorship.

Wed 10/16 4:10 PM
Tue 10/29 2:10 PM

Designing a Weekly Schedule

Learn about time management strategies through designing a weekly calendar or making improvements to an existing schedule. Feel good about your 24 hours, 7 days a week!

Wed 9/25 2:10 PM
Thu 10/3 2:10 PM
Tue 10/8 12:10 PM

Designing a Quarter Calendar

Take control of the quarter system! By identifying project-level assignments and exams early you will learn how to better manage your workload.

Thu 9/26 11 AM
Wed 10/2 12:10 PM

Designing and Delivering Presentations

Presentations skills are useful in and outside the classroom. Come learn techniques for creating an effective presentation, as well as best practices for public speaking.

Thu 11/14 11 AM
Mon 11/25 1:10 PM

Focus and Concentration

Explore ways to increase focus and concentration, including strategies to help you stay on task. You will have a chance to reflect on your common distractions and problem solve.

Mon 10/14 1:10 PM
Tue 11/5 4:10 PM
Thu 12/5 3:10 PM

Goal Setting

Practice using the SMART goal framework to design a goal. We will also explore the power that positive emotion holds in helping us take action toward and achieve our goals.

Tue 10/22 2:10 PM
Wed 11/27 4:10 PM

Maximizing Lecture

Let's analyze the role of lecture—expectations, challenges, and opportunities—in our learning. We will discuss strategies to use prior to, during, and after lecture.

Mon 10/28 4:10 PM
Tue 11/12 12:10 PM

Reading at the Research University

Read to remember! Explore active techniques for engagement and efficiency. We will practice concept mapping as a way to capture and organize the information we read.

Fri 10/25 1:10 PM
Mon 11/4 3:10 PM
Tue 11/19 3:10 PM

Study Smarter, Not Harder

How do you know what you know? How do you prepare for exams? Let's discuss strategies that can help make study sessions more effective and efficient.

Fri 9/27 1:10 PM
Tue 10/15 4:10 PM
Wed 10/30 2:10 PM
Mon 11/18 3:10 PM

Strategies for Test Taking

How can I become a better test taker? How can I better manage test-induced anxiety? We will cover techniques for multiple exam formats (multiple choice, short answer, etc.).

Mon 10/7 4:10 PM
Thu 10/24 12:10 PM
Wed 11/20 12:10 PM
Fri 12/6 2:10 PM

Task Management

Having trouble juggling competing responsibilities and tasks? Let's discuss how to strike a better balance through prioritization and to-do lists.

Mon 9/30 3:10 PM
Fri 11/8 1:10 PM
Tue 12/3 4:10 PM

Thrive Versus Survive

Let's examine our behaviors and habits to design action plans for changes we want to make to our study systems. What's working, what could be working better?

Thu 10/10 4:10 PM
Wed 11/13 2:10 PM
Tue 11/26 11 AM