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**Office of Educational Opportunity and Enrichment Services**

**Please visit the link below for the online workshop.**

**https://zoom.us/my/ooeesworkshops**

**Personal Meeting ID:** 530-752-4475

**Drop in Hours | No RSVP Required**

TUE & FRI 9 AM - 11 AM | (530) 752-4475 | https://zoom.us/j/6866567777

**Personal Meeting ID:** 530-752-4475
PRE-LAW WORKSHOPS

How to Prepare for and Apply to Law School
This workshop is a general introduction to the law school application process.
Mon 4/13 11 AM

Maximizing the LSAT
This workshop introduces the Law School Admissions Test (LSAT) and discusses study strategies and test-taking best practices.
Mon 4/14 11:00 PM

Grad/Law School, Thrive Versus Survive
Let’s examine our behaviors and habits to design action plans for changes we want to make to address these patterns. What’s working, what could be working better?
Fri 4/17 2:10 PM
Thu 5/12 11 AM

SPECIALIZED WORKSHOPS

How to Prepare for and Apply to Grad School for International Students
Explore how to prepare and apply for graduate study in a research or professional program as an international student. Offered through partnership with Undergraduate Education and Advising in the College of Letters and Science.
Wed 4/29 4:10 PM

How to Prepare for and Apply to Grad School for Psychology
Are you interested in going to graduate school for psychology? Learn about the many different programs available, including the Master’s in Social Work (MSW), Master’s in Marriage and Family Therapy (MFT), clinical psychology Ph.Ds and PsyDs, and research Ph.Ds. Find out which grad programs prepare you for specific career paths, including therapist, clinical psychologist, or professor of psychology, and how to prepare for them.
Mon 6/1

Future Grad/ Law Student Reception
Thu 4/30 6:30 PM

GRE PREP

Maximizing the GRE
This workshop introduces the Graduate Record Examinations (GRE) and discusses study strategies and test-taking best practices.
Mon 4/20 2:10 PM
Thu 5/14 2:10 PM

GRE Verbal Writing
Are you taking the GRE this winter? Join us for a workshop on strategies specifically for the verbal section. We will go over practice questions and prompts.
Tue 5/12 4:10-6 PM

GRE Writing Workshop
Are you taking the GRE this winter? Join us for a workshop where we discuss different elements to consider as you make your choice about where to attend grad school!
Tue 3/31 4:10 PM

Designing a Quarter Schedule
Learn about time management strategies through designing a weekly calendar or making improvements to an existing schedule. Feel good about your 24 hours, 7 days a week!

Mon 3/30 11 AM
Thu 4/2 2:10 PM
Mon 4/27 11 AM

Maximizing Lecture
Let’s analyze the role of lecture—expectations, challenges, and opportunities—in our learning. We will discuss strategies to use prior to, during, and after lecture.
Mon 4/3 1:10 PM
Tue 4/21 11 AM
Thu 5/14 11:00 PM

GRE Prep

How to Write the CV or Resume for Grad School
Learn how to write a curriculum vitae, how it is different from a resume, and what role it plays in the application process.
Mon 5/4 2:10 PM

Designing a Quarterly Calendar
Take control of the quarter system! By identifying project-level assignments and exams early you will learn how to better manage your workload.
Mon 5/11 11 AM
Thu 5/21 2:10 PM
Mon 6/1 11 AM

How to Prepare for and Apply to Grad School
This workshop covers the application process.

Grad School 101
Are you thinking about grad school but don’t know where to start? Discover the differences between Master’s and Ph D programs, and research versus professional programs in this workshop, as well as various factors to consider when choosing the type of program, including funding.
Thu 4/2 4:10 PM
Fri 5/1 1:10 PM

Remainder Me? Asking for Letters of Rec
This workshop provides helpful tips for getting letters of recommendation for graduate school, including who to ask, how to ask, when to ask, and how to build relationships with potential letter writers.
Fri 4/7 11:00 PM
Tue 5/19 2:10 PM

Maximizing the Gap Year(s)
This workshop explains what a gap year is, reasons why to consider taking a gap year, and what to do during that time.
Thu 4/23 3:10 PM
Wed 5/27 12:10 PM

You’ve Been Admitted, Now What?
Have you been admitted to grad programs with competing financial support offers? Join us for a workshop where we discuss different elements to consider as you make your choice about where to attend grad school!
Thu 3/31 4:10 PM

How to Write the Personal History Statement
Learn about the personal history statement required by some graduate schools, including most UCs. Explore how to maximize this essay, sometimes called the diversity statement, and brainstorm about which topics to write about.
Tue 4/28 4:10 PM

How to Prepare the CV or Resume for Grad School
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Mon 5/4 2:10 PM

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GRE Writing Workshop
Are you taking the GRE this winter? Join us for a workshop on strategies specifically for the writing section. We will go over practice questions and prompts.
Tue 5/26 4:10-6 PM

GRE Prep

How to Prepare for and Apply to Grad School for International Students
Explore how to prepare and apply for graduate study in a research or professional program as an international student. Offered through partnership with Undergraduate Education and Advising in the College of Letters and Science.
Wed 4/29 4:10 PM

How to Prepare for MBA Programs
This workshop is a general introduction to the business school (Master’s in Business Administration) application process.
Thu 5/21 3:10 PM

Goal Setting
Practice using the SMART goal framework to design a goal. We will also explore the power that positive emotion holds in helping us take action toward and achieve our goals.
Mon 5/11 3:10 PM
Thu 5/21 2:10 PM
Mon 6/1 11 AM

Designing a Weekly Schedule
Learn about time management strategies through designing a weekly calendar or making improvements to an existing schedule. Feel good about your 24 hours, 7 days a week!

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Tue 4/21 11 AM
Thu 5/14 11:00 PM

Designing and Delivering Presentations
Presentations skills are useful in and outside the classroom. Come learn techniques for creating an effective presentation, as well as best practices for public speaking.

Thu 4/30 2:10 PM
Fri 5/8 2:10 PM
Tue 6/2 1:10 PM

Benner’s Framework for Psychologist and Professor
Including therapist, clinical psychologist, or professor of psychology, and how to prepare for them.
Mon 6/1

Designing a Quarterly Calendar
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Future Grad/ Law Student Reception
Thu 4/30 6:30 PM

If you’ve been recently admitted to Grad/Law School, come join us to celebrate!