

Spring Quarter Week 2: April 6 – April 10



Tip of the Week:



It's the best line of defense to keep yourself and others healthy.

Our regular location is Room 1210 on the first floor of Dutton Hall. Our hours of operation are 9:00 A.M. – 4:00 P.M. Until the campus re-opens we are available to meet via Zoom.



Dear Transfer Aggies,

What a strange, strange year it's been. If COVID-19 has you feeling turned upside down, don't worry—we're right there with you. The TRC is still here to support you during these trying times in any ways we can. We are adapting our quarter programming to keep everyone safe while still offering services relevant to the needs of our Transfer and Reentry students. With social distancing orders in place, our office will be closed until further notice, but we will be available to meet and hold workshops via Zoom. Stay tuned for further details.

Be safe, Aggies.

Sincerely,

Your TRC Peers



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Transfer Adviser Corner



Dear Transfer and Reentry Students,

We hope you are all doing well and found ways to enjoy your spring break. The TRC is closed until further notice. We realize the stress and challenges students are being faced with during this time. We want let you know that we are available remotely. You are encouraged to follow our social media pages for more frequent updates. We are working out details on providing our spring quarter programming remotely. Stay tuned!

Please complete the survey below to let us know how we can best support you. What offerings would you like to see more of given our current situation? Complete the survey to let us know how we can best support you.

<https://tinyurl.com/TransferReentryAggies>

Spring Quarter Snapshot

- April 15: Congratulations Scholar, What's Next?
- April 22: Earth Day Minecraft Build-Off
- April 30: Failing Up
- May 20: Thrifty Professional
- More information to come!

Academics

OEOES Workshops are virtual. To join, go to <https://zoom.us/my/o eo esworkshops>
Personal Meeting ID: 530-752-4475

Monday, 4/6: Study Smarter, Not Harder **1:10-2:00 P.M.**

How do you know what you know?
How do you prepare for exams? Let's discuss strategies that can help make study sessions more effective and efficient.

Tuesday, 4/7: Task Management **2:10-3:00 P.M.**

Having trouble juggling competing responsibilities and tasks? Let's discuss how to strike a better balance through prioritization and to-do lists.

Wednesday, 4/8: Strategies for Test Taking **11:00-12:00 P.M.**

How can I become a better test taker? Join us to discuss strategies for maximizing your test grade, including managing test-induced anxiety.

Thursday, 4/9: Reading at the Research University **3:10-4:00 P.M.**

Read to remember! Explore active techniques for engagement and efficiency. We will practice concept mapping as a way to capture and organize the information we read.

Internship and Career Center

Workshops are virtual. Register for workshops on their Handshake event page to receive Zoom Meeting ID.

Monday, 4/6: Find a Job or Internship **12:10-1:00 P.M.**

Review how to use Handshake and other resources to find a career position, internship, work study position, or student employment.

<https://ucdavis.joinhandshake.com/events/456311>

Tuesday 4/7: Resume Basics **12:10-1:00 P.M.**

Learn the essentials of how to write a resume that gets you noticed.

<https://ucdavis.joinhandshake.com/events/456241>

Wednesday 4/8: Career Studio: Resumes and Cover Letters **3:10-4:30 P.M.**

Ask questions and get support resources on writing resumes and cover letters.

<https://ucdavis.joinhandshake.com/events/456238>

Thursday 4/9: Interview Basics **1:10-2:00 P.M.**

Learn about different types of interviews and strategies to respond to questions and best demonstrate your knowledge and qualifications for the position you want.

<https://ucdavis.joinhandshake.com/events/456381>

Friday 4/10: Cover Letters and Professional Correspondence **1:10-2:00 P.M.**

Learn how to write a cover letter to get you noticed. Thank-you letters, follow-up email and introductory professional writing will also be covered.

<https://ucdavis.joinhandshake.com/events/456279>

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Physical and Mental Wellness

Group Counseling Sessions

UCD Health and Counseling Services is offering FREE group counseling with a variety of different groups; Phoenix Rising- survivors of sexual trauma, "The Journey"- career decision making, Lavender Connection- LGBTQ support group, Mindfulness and compassion meditation group. And many others that meet at different times so check out the link to find the right group for you!

<https://shcs.ucdavis.edu/services/groups>

Crisis Text Line

It is okay to feel anxious about the current unrepresented situation. Remember there are various resources. There is a Crisis Text Line open 24/7. You can text "RELATE" to 741741 or Call (530) 756-5000. Please reach out. We are also available via email.

Campus Recreation Yoga

Our fabulous Campus Recreation yoga instructors are doing Facebook Live. Join a live class or start your practice now by checking out our growing library of videos by clicking the link below:

<https://www.facebook.com/pg/ucdavis.campusrec/videos/>

DAVIS COVID-19 MUTUAL AID FORM



Are you a disabled person (prioritizing BIPOC) in need of extra support in the Davis area? Are you someone who can lend extra support to someone else in the Davis area?

Complete our mutual aid form at bit.ly/2JdfmM
Instructions in form

Campus Opportunities

CSI Hiring Opportunity:

Are you in need of extra income to support yourself but are worried about being overworked or having schedule conflicts? Apply for an on campus job with the Center for Student Involvement! They have multiple positions open for the upcoming school year and the deadline has been extended to the 10th. For more info hit up CSI on their website.

Meme of the Week

HOW TO PROPERLY GREET SOMEONE DURING THE CORONAVIRUS OUTBREAK



Resource of the Week

UC Davis Laptop Loan Program

UC Davis is loaning computers out to students in need! 📁 There are a limited number of laptops, so please follow the link:

https://ucdavisit.servicehub.com/servicehub?id=ucd_cat_item&sys_id=015c785bdb67c0141b904eac13961943

Thank you so much for reading the Weekly Brief! We really hope it helps you with your journey through school here at Davis in general! We wish you all the best in and out of your academic life and are always here to help you out even if that means virtually. Don't forget to reach out to your peer advisors if you have questions. Schedule an appointment with us via Zoom. The weekly brief was put together by: Fidda, Cesar, Lily, Alondra, and Raquel! 😊

@transferandreentrycenter

@trccucdavis