#aggie101: Your Guide to UC Davis

**Aggie Traditions: Must-experience Memories and Moments at UC Davis**

Looking forward to attending the Davis Farmer’s Market or taking a photo with the adorable cows? Most UC Davis students do these two things during their time here, but did you know that if you keep track of essential and quintessential UC experiences, you could earn a medal? Aggie Traditions, one of Davis’ best-kept secrets, is a compilation of 50 fun and unique activities that every Aggie should know about and do during their time at UCD. Upon completion of the 50 traditions, students can earn a medal to wear during commencement (which is also one of the traditions)! This Connection is open to anyone looking to learn about UC Davis and work towards earning their medal!

**Davis Doggos and Puppers: De-stressing with Dogs**

Not able to bring your fluffy best friend to College? Come hang out with a therapy dog every week! Take the time out of your busy schedule to de-stress with pets and learn more about your new home: UC Davis.

**Get your board game on!**

Ready for this new step in the Game of Life? This connection is for anyone who has a love for table top games (card games, board games, and more!) Along with playing some favorite and classic games, we also will have group discussions about important topics to get you settled at Davis. Worried life might become a teetering Jenga tower? We’ll discuss wellness and academic success skills. Don’t want to “Draw 2” more years in college? We’ll cover academic advising resources too. We want to help you navigate the Chutes and Ladders of UC Davis, so join this connection and get your game on!

**Warm up in the Arboretum**

Grab a warm mug of coffee or tea and meet us for a walk in the Arboretum! Come get your blood flowing in the morning as we kick start the day and explore one of the best places on campus. Rain or shine!

#ArtMusicCulture: Your Artistic and Cultural Interests

**Get Crafty: Aggies Connecting Through Arts and Crafts**

Have you always been the "crafty" one in your group? Do you have all the adult coloring books? This connection is for anyone who has a love for arts and crafts. Along with crafting, we will also have group discussions about important topics to get you settled and help strategize to make you more successful at UC Davis.
Spoken World Storytelling

Got a story to tell? Have you traveled and met people? Do you have an ear for other people’s stories? We will seek connection within our diverse university community through the art of storytelling. This First Year Aggie Connection will teach you how to tell a personal story in front of a live audience. We will cover storytelling basics and not-so-basics, including how to hook an audience, building interest and suspense, techniques for adding color, humor, and pathos, and delivering a powerful ending. We’ll also talk about what it’s like to perform in front of a live audience, and provide tools and advice for storytelling like a champ while having fun. We expect that you will feel energized by your connection with the audience, and supported by fellow storytellers. We will work towards the goal of telling our UC Davis stories at a Spoken World Story Jam event.

Telling your Story Through Photography

Are you looking for a way to express yourself and do you enjoy taking pictures? Come meet other Aggies who are also interested in photography, whether on a phone or with a DSLR, as we tell our UC Davis story each week. No experience needed; all are welcome!

#braingains: Your Academics

Diving Into Medicine: Becoming a Physician & Beyond

This Connection will focus on exploring various careers in medicine (MD, DO, DPM), current events and topics in medicine, and interactive activities through talks, discussions, demonstrations and guest speakers. Students will gain insight and a deeper understanding of what it means to be a physician beyond diagnosing and treating patients.

Exploring Health Careers: It's Way More Than Just Doctors

This Connection will bring together first year and transfer students who know they want to go into a health career but who aren’t sure which one yet. We will share information on how to prepare for various careers, reveal strategies for success at UC Davis, and create a safe space to make friends.

Pre-Veterinary: Path to Success

First year and transfer pre-vet students are invited to join this Aggie Connection to meet other pre-vet students, and learn all the ins and outs of preparing for a career as a pre-vet while also picking up strategies for success at UC Davis.

The One Where You Learn About History!

A space for people with a shared love of history, majors and non-majors alike. An opportunity to meet History faculty and hear about their research, courses and much more!
#staywoke: Your Social Justice Interests

**Food Justice League: Exploring Social Transformation Through Agriculture**

UC Davis and the surrounding community are known as innovators in promoting positive social change through agriculture and food. Whether you’re passionate about social justice, agriculture, food, or simply giving back, this community will connect you with ways to get involved in groups who are ‘growing good’ on campus. Come prepared to think critically as we explore guerrilla gardens, edible landscapes, and farms. Learn how students and community members are tackling a broad range of injustices – from homelessness, to food insecurity, and climate change – right here in the backyard of “America’s Farm-to-Fork Capital.” You’ll even learn where you can forage for food right here on campus: make a fresh salad on your way to meet with an academic advisor, or grab some fruit on your way to class!

#thrive: Your Personal and Professional Development

**Active Aggies**

Come join a group of new students exploring ways to stay physically active and fit at UC Davis. Each week we’ll tackle (not literally) a different sport or activity venue on campus. We’ll visit the ARC, explore the bike and running trails on and around campus, spend some of our meetings actually playing sports and attend a UC Davis Basketball game, all while making connections and creating community with fellow UC Davis students. Because this connection is about students first, members will all have a say in the kinds of activities we pursue and anyone is welcome. Physical well-being is crucial to your overall success at UC Davis, so come as you are and join other active Aggies as we hit the campus!

**Adulting: All day, every day**

Adulting is hard - especially when so much is changing around you! Come learn a variety of adulting skills to ensure your success at UC Davis and beyond. We will focus on growth in areas of time management, money management, sending well-written and appropriate emails, developing resumes and cover letters, establishing boundaries, and much more. This connection will offer a well-rounded experience as you continue adulting at Davis.

**Aggie Adventures**

Do you enjoy hiking, rock climbing, camping, rafting, napping in hammocks, and spending excessive amounts of time outside? Then this Connection is for you! Meet other students with similar interests as you expand your knowledge of the outdoors and learn more about the best adventures Northern California has to offer.

**EDU 065B - Foundations for University Success**

**Introduction to Research at a Tier 1 University:** Introduction to research skills, such as developing critical thinking, study skills, writing skills, and presentation skills. Focus will be on basic research, group projects, and presentations.
Get Psyched About Your Career in Psyc and Cog Sci!

Explore possible career outcomes in the fields of Psychology and Cognitive Science. Get off the couch and go beyond therapy, consider what else is out there for you! Through actively participating in this connection, you will have the tools to create a professional development plan.

The College of Letters & Sciences: First Year Experience

This one quarter course explores the formal and informal processes of discovering your passion and choosing the path (major, advanced studies, etc.) in support of this discovery. It will provide the mechanism through which students explore the multitude of campus resources and tools available in pursuit of this discovery. Topics include general introductions to offices and services germane to major and career exploration, expectations of the industry and developing skills to meet them, and developing assessment and problem solving skills necessary for success in the professional world.

You 'n Research - Open to GDB practicum project majors only

Created for Global Disease Biology majors in order to facilitate Research Practicum Projects

#squad: On-Campus Programs

College of Biological Sciences COHORT Program

The College of Biological Science's Cohort Program is an opportunity for first-year students to develop community and orient themselves within the College of Biological Sciences as soon as they arrive at UC Davis. The program aims to allow students the opportunity to engage more closely with faculty; to introduce the students to the full range of research and majors in CBS; to create a greater sense of community and place for students within the college; to encourage students to use the advising resources within and outside the college.

This Connection is for Cohort Program students only. To learn about the program, please visit: http://biology.ucdavis.edu/cohort-program/

Middle Eastern & South Asian (ME/SA) Identity & Academic Success

Middle Eastern and South Asian (ME/SA) Identity and Academic Success is a 1-unit seminar that supports the success of first-year and transfer students of Middle Eastern/North African/South Asian backgrounds at UC Davis. Seminar students will explore what their ME/SA identity means to them, both on campus and off-campus, and how their identity connects to the ways they envision academic success.