

Success Coaching Agreement

Ongoing Sessions

Name: _____ ID#: _____

E-mail: _____ Phone: _____

I agree to work together with my coach to uphold the spirit and intent of the ongoing coaching relationship. I agree to:

1. *Maximize the coaching experience.* I will arrive curious, open, and willing to explore new possibilities, doing so through honest and genuine interactions with my coach. I will come prepared with any mutually agreed upon materials to each appointment.
2. *Create a positive environment.* I will uphold the UC Davis Principles of Community to cultivate mutual respect in the coaching space.
3. *Make a genuine effort to be on time for all coaching appointments.* Please call 530-752-4475 if you need to cancel or are running late. **If two or more appointments are no-shows and/or late cancellations, we reserve the right to cancel future sessions.** Should you choose to discontinue the ongoing sessions, please communicate with our office in a timely manner.
4. *Not utilize coaching services as a replacement for mental health services.* **Coaches are not mental health professionals** and do not provide counseling or therapy. You can reach 24-hour counseling services at 530-752-0871. Visit shcs.ucdavis.edu for more info.
5. *Keep personal matters confidential unless someone's safety is at stake.* Please note that coaches are not medical professionals and sessions are not protected by HIPAA. **Coaches are mandatory reporters regarding CANRA (Child Abuse and Neglect Reporting Act) and Title IX (sex-based discrimination, sexual harassment or sexual violence).** For confidential support services, consider contacting Student Health and Counseling Services (530-752-2300), the Center for Advocacy, Resource & Education (530-752-3299), or UC Davis Office of Ombuds (530-754-7233).
6. *Respect professional boundaries.* Coaches are available to you within scheduled appointment times, and through e-mail. Coaches respond to e-mails during their office hours, which may result in a delay in response. However, every attempt will be made to respond within the week.

Coach availability, Fall 2019

Alex: Mon. 9-10:30; Wed. 1:30-4; Thur. 1:30-4

Cloe: Mon. 10-11

Michelle: Tues. 9-1; Wed. 11-12:30; Thur. 11-1

Rachel: Tues. 9-10

Ongoing sessions (circle): bi-weekly monthly

Requested day of the week and time:

Option 1 _____

Option 2 _____

Option 3 _____

Bring this form to reception (117 South Hall) to schedule ongoing sessions.
Please take a photo of the form for your records or request a paper copy from reception.

Student: _____

Signature: _____

Date: _____

Coach: _____

Signature: _____

Date: _____

For any questions regarding this agreement please contact the Success Coaching and Learning Strategies Coordinator.

Scheduled. Initials: _____ Date: _____