# Spring 2022 Workshops

**Office of Educational Opportunity and Enrichment Services**

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
<th>WEEK 6</th>
<th>WEEK 7</th>
<th>WEEK 8</th>
<th>WEEK 9</th>
<th>WEEK 10</th>
<th>WEEK 11</th>
<th>WEEK 12</th>
<th>WEEK 13</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>TUESDAY</td>
<td>WEDNESDAY</td>
<td>THURSDAY</td>
<td>FRIDAY</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>MARCH</strong></td>
<td><strong>APRIL</strong></td>
<td><strong>JUNE</strong></td>
<td><strong>JULY</strong></td>
<td><strong>AUGUST</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td>1</td>
</tr>
<tr>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
<td>Intro to the GRE</td>
</tr>
<tr>
<td>4:10 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
<td>12:30 PM</td>
</tr>
<tr>
<td><strong>JULY</strong></td>
<td><strong>AUGUST</strong></td>
<td><strong>SEPTEMBER</strong></td>
<td><strong>OCTOBER</strong></td>
<td><strong>NOVEMBER</strong></td>
<td><strong>DECEMBER</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
<td>Reading at the Research University</td>
</tr>
</tbody>
</table>
| **CALANDER KEY:**
| In-Person Workshop: 114 South Hall | Virtual Workshop: Zoom Link |

No Registration Required For Any Workshops
GENERAL PREP FOR GRAD SCHOOL

How to Write the Statement of Purpose
This workshop covers the elements that are typically included in the statement of purpose, as well as strategies to strengthen the essay.
Mon. 4/25 4:10 PM
Tues. 5/7 5:10 PM

How to Write the CV or Resume for Grad School
Learn how to write a curriculum vitae, how it is different from a resume, and what role it plays in the application process.
Mon. 4/18 4:10 PM
Tues. 5/24 5:10 PM

How to Write the Personal History Statement
Learn about the personal history statement required by some graduate schools, including many UCs. Explore how to maximize this essay, sometimes called the diversity statement, and brainstorm about which topics to write about.
Mon. 5/2 5:10 PM

Intro to the GRE
This workshop introduces the Graduate Record Examinations (GRE) and discusses study strategies and test-taking best practices.
Mon. 4/11 5:10 PM
Tues. 5/12 4:10 PM

SPECIALIZED WORKSHOPS

Applying for Grad School

Next Cycle
Prep for Graduate and Law School Info Day! Get suggestions for how to approach program representatives and what to ask them.
Fri. 5/6 12:10 PM

How to Prepare for the MBA Programs
This workshop is a general introduction to the business school (Master’s in Business Administration) application process.
Wed. 6/11 5:10 PM

Maximizing the Gap Year(s)
This workshop explains what a gap year is, reasons why to consider taking a gap year, and what to do during that time.
Thurs. 4/7 5:10 PM
Fri. 6/3 1:30 PM

Grad School 101
Are you thinking about grad school but don’t know where to start? Discover the differences between Master’s and PhD programs, and research versus professional programs in this workshop, as well as various factors to consider when choosing the type of program, including funding.
Wed. 4/9 4:10 PM
Sez. 5/18 11:10 AM

Paying for Grad School
Join us for a workshop on how to pay for grad school. Learn about the differences between "funded" and "unfunded" programs, how scholarships work in grad school, and different sources of funding to pay for grad school.
Wed. 6/8 5:10 PM

SUCCESS COACHED AND LEARNING STRATEGIES

Communicating with Professors
What are the best practices for communicating and building relationships with professors? We will discuss email, office hours and mentorships.
Mon. 5/9 1:10 PM
Tues. 5/10 3:10 PM

How to Prepare for the MBA Programs
This workshop is a general introduction to the business school (Master’s in Business Administration) application process.
Wed. 6/11 5:10 PM

Designing a Weekly Schedule
Learn about time management strategies through designing a weekly calendar or making improvements to an existing schedule. Feel good about your 24 hours, 7 days a week.
Mon. 5/8 11:00 AM
Thurs. 4/7 2:10 PM
Wed. 4/13 2:30 PM
Wed. 5/4 1:10 PM

Designing a Quarter Calendar
Take control of the quarter system! By identifying project-level assignments and exams early you will learn how to better manage your workload.
Wed. 4/5 11:00 AM
Tues. 4/7 12:10 PM

Maximizing Lecture
Let’s analyze the role of lectures—expectations, challenges, and opportunities—in our learning. We will discuss strategies to use prior to, during, and after lectures.
Fri. 4/22 12:10 PM
Thurs. 5/6 5:10 PM

Designing and Delivering Presentations
Presentations skills are useful in and outside the classroom. Come learn techniques for creating an effective presentation, as well as best practices for public speaking.
Mon. 5/16 12:10 PM
Wed. 6/1 11:00 AM

SUCCESS WORKSHOPS

Focus and Concentration
Explore ways to increase focus and concentration, including strategies to help you stay on task. You will have a chance to reflect on your common distractions and problem solve.
Tues. 5/3 11:00 AM
Mon. 5/23 12:10 PM
Mon. 6/6 12:10 PM

Goal Setting
Practice using the SMART goal framework to design a goal. We will also explore the power that positive emotion holds in helping us take action toward and achieve our goals.
Tues. 3/29 11:00 AM
Wed. 5/28 5:10 PM

Maximizing Lecture
Let’s analyze the role of lectures—expectations, challenges, and opportunities—in our learning. We will discuss strategies to use prior to, during, and after lectures.
Fri. 4/22 12:10 PM
Thurs. 5/6 5:10 PM

Reading at the Research University
Read to remember! Explore active techniques for engagement and efficiency. We will practice concept mapping as a way to capture and organize the information we need.
Fri. 4/1 1:10 PM
Wed. 4/20 11:00 PM
Tues. 5/24 11:00 AM

Study Smarter, Not Harder
How do you know what you know? How do you prepare for exams? Let’s discuss strategies that can help make study sessions more effective and efficient.
Fri. 4/8 11:00 AM
Mon. 4/25 11:00 AM
Tues. 5/10 3:10 PM

Strategies for Test Taking
How can I become a better test-taker? How can I better manage test-induced anxiety? We will cover techniques for multiple-exam formats (multiple choice, short answer, etc.).
Fri. 4/5 13:00 AM
Mon. 4/29 3:10 PM
Wed. 5/21 5:10 PM
Thurs. 6/2 3:10 PM

Task Management
Having trouble juggling competing responsibilities and tasks? Let’s discuss how to strike a better balance through prioritization and to-do lists.
Fri. 4/12 4:10 PM
Fri. 5/20 2:10 PM

Thrive Versus Survive
Let’s examine our behaviors and habits to design action plans for changes we want to make to our study systems. What’s working, what could be working better?
Thurs. 3/31 2:30 PM
Thurs. 5/15 3:30 PM

WORKSHOP KEY:

In-Person Workshop: TId4 South Hall
Virtual Workshop: Zoom Link

UCDAVIS
OFFICE OF EDUCATIONAL OPPORTUNITY
AND ENRICHMENT SERVICES

No Registration Required For Any Workshops
VIRTUAL WORKSHOP LINK: zoom.us/j/5562674735
PERSONAL MEETING ID: 530-752-4475

If you’ve been recently admitted to Grad/Law School, come join us to celebrate!