

# SPRING 2024 WORKSHOPS

**UC DAVIS**  
OFFICE OF EDUCATIONAL OPPORTUNITY  
AND ENRICHMENT SERVICES



**IN PERSON WORKSHOP**  
114 South Hall



**VIRTUAL WORKSHOP LINK:**  
zoom.us/my/oeoesworkshops  
**PERSONAL MEETING ID:**  
530-752-4475

No Registration Required For  
Most Workshops

\* Workshop requires registration.  
Registration links in workshop  
description (back page)

MON					TUE					WED					THU					FRI					
WEEK 1	APR 1 Thrive Versus Survive 1:10 PM					2 Designing a Quarter Calendar 12:10 PM					3					4 Grad School 101 4:10 PM Designing a Weekly Schedule 11:00 AM					5 Maximizing the Gap Year(s) 4:10 PM				
	8					9 Take Charge of the Reading 11:00 AM Remember Me? Asking for Letters of Rec 1:10 PM					10 Personal Statement for Law School 12:10 PM Intro to the GRE 5:10 PM Maximizing Lecture 1:10 PM					11					12 Task Management 1:10 PM				
WEEK 2	15 Goal Setting 1:10PM					16 Communicating with Professors 3:10 PM					17 How to Write the Personal History Statement 1:10 PM Intro to the LSAT 12:10 PM					18 Designing and Delivering Presentations 3:10 PM					19 How to Write the CV or Resume for Grad School 4:10 PM				
	22 Designing a Quarter Calendar 3:10 PM					23 How to Write the Statement of Purpose 11:00 AM					24 So You're Applying to Grad School Next Year! 4:10 PM					25 Study Smarter, not Harder 11:00 AM					26 Designing a Weekly Schedule 11:00 AM				
WEEK 3	29					30 Thrive Versus Survive 11:00 AM					MAY 1 Task Management 2:10 PM					2 Focus and Concentration 2:10 PM Teaching Credential Programs 4:10 PM					3 How to Prepare for MBA Programs 2:10 PM				
	6 Take Charge of the Reading 1:10 PM					7 Maximizing Lecture 11:00 AM Going to Grad School for Psychology 4:10 PM					8 Preparing for Law School* 4:10 PM					9					10 Goal Setting 1:10 PM				
WEEK 4	13 Remember Me? Asking for Letters of Rec 5:10 PM Designing & Delivering Presentations 12:10 PM					14					15 Strategies for Test Taking 1:10 PM					16 How to Write the CV for Grad School 2:10 PM Communicating with Professors 3:10 PM Financing Law School* 4:10 PM					17 How to Write the Personal History Statement 11:00 AM				
	20 How to Write the Statement of Purpose 5:10 PM					21 Catch Up on the Readings 12:10 PM					22 Grad School 101 11:00 AM Prepare for Finals 1:10 PM					23					24 Paying for Grad School 5:10 PM				
WEEK 5	27 Memorial Day					28 Applying to Law School 3:10 PM					29 Task Management 2:10 PM					30 Maximizing the Gap Year(s) 2:10 PM Study Smarter, not Harder 3:10 PM					31 Strategies for Test Taking 12:10 PM				
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PRE-GRADUATE + LAW ADVISING

General Prep for Grad School

Grad School 101

Are you thinking about grad school but don't know where to start? Discover the differences between Master's and Ph.D programs, and research versus professional programs in this workshop, as well as various factors to consider when choosing the type of program, including funding.

Thur. 4/4 4:10 PM  
Wed. 5/22 11:00 AM

Intro to the GRE

This workshop introduces the Graduate Record Examinations (GRE) and discusses study strategies and test-taking best practices.

Thurs. 4/11 5:10 PM

Maximizing the Gap Year(s)

This workshop explains what a gap year is, reasons why to consider taking a gap year, and what to do during that time.

Fri. 4/5 4:10 PM  
Thurs. 5/30 2:10 PM

Remember Me? Asking for Letters of Rec

This workshop provides helpful tips for getting letters of recommendation for graduate school, including who to ask, how to ask, when to ask, and how to build relationships with potential letter writers.

Tues. 4/9 1:10 PM  
Mon. 5/13 5:10 PM

How to Write the CV or Resume for Grad School

Learn how to write a curriculum vitae, how it is different from a resume, and what role it plays in the application process.

Fri. 4/19 4:10 PM  
Thurs. 5/16 2:10 PM

How to Write the Personal History Statement

Learn about the personal history statement required by some graduate schools, including most UCs. Explore how to maximize this essay, sometimes called the diversity statement, and brainstorm about which topics to write about.

Wed. 4/17 1:10 PM  
Fri. 5/17 11:00 AM

How to Write the Statement of Purpose

This workshop covers the elements that are typically included in the statement of purpose, as well as strategies to strengthen the essay.

Tues. 4/23 11:00 AM  
Mon. 5/20 5:10 PM

Paying for Grad School

Learn about the difference between "funded" and "unfunded" programs, how scholarships work in grad school, and different sources of funding to pay for grad school.

Fri. 5/24 5:10 PM

Specialized Workshops

Going to Grad School for Psychology

Are you interested in going to graduate school for psychology? Learn about the many different programs available, including the Master's in Social Work (MSW), Master's in Marriage and Family Therapy (MFT), clinical psychology Ph.Ds and PsyDs, and research Ph.Ds. Find out which grad programs prepare you for specific career paths, including therapist, clinical psychologist, or professor of psychology, and how to prepare for them.

Tue. 5/7 4:10 PM

How to Prepare for MBA Programs

This workshop is a general introduction to the business school (Master's in Business Administration) application process.

Fri. 5/3 2:10 PM

So You're Applying to Grad School Next Year!

This workshop is designed for students and alumni who are planning to apply to grad school next cycle: submit applications in Fall 2023 to begin a program in Fall 2024. Join us to learn about what you can be doing over the next few months to make the application process easier!

Wed. 4/24 4:10 PM

How to Prepare for and Apply to Teaching Credential Programs

Thinking about becoming a teacher? This workshop is a general introduction to the application process for teaching credential programs (K-12). Offered through partnership with the UC Davis School of Education.\*Registration required.

Thurs. 5/2 4:10 PM

General Prep for Law School

Personal Statement for Law School

Learn about the personal statement for law school, what it should cover, and how it works with the other aspects of the application. We encourage attending "How to Prepare for Law School" first.

Wed. 4/10 12:10 PM

Intro to the LSAT

This workshop introduces the Law School Admissions Test (LSAT) and discusses study strategies and test-taking best practices.

Wed. 4/17 12:10 PM

How to Prepare for Law School

Considering law school? A representative from UC Davis' King Hall will facilitate this workshop, providing a general introduction to the law school application process. This is offered in partnership with King Hall.

Wed. 5/8 4:10 PM  
Register here:  
<https://bit.ly/4acX8Yd>

Financing Law School

Learn how financial aid works for law school, including what factors are considered when awarding scholarships and how to evaluate financial aid offers if you're been admitted to law school. This is offered through partnership with King Hall.

Thurs. 5/16 4:10 PM  
Register here:  
<https://bit.ly/3TAtff2>

Applying to Law School

Are you considering law school but unsure where to start? Join us for a workshop where a prelaw advisor will provide a general introduction to the law school application process and details.

Tues. 5/28 3:10 PM

SPRING 2024 WORKSHOPS

SUCCESS COACHING + LEARNING STRATEGIES

Success Workshops

Communicating with Professors

What are best practices for communicating and building relationships with professors? We will discuss e-mail, office hours, and mentorship.

Tues. 4/16 3:10 PM  
Thur. 5/16 3:10 PM

Designing a Quarter Calendar

Take control of the quarter system! By identifying project-level assignments and exams early you will learn how to better manage your workload.

Tue. 4/2 12:10 PM  
Mon. 4/22 3:10 PM

Designing a Weekly Schedule

Learn about time management strategies through designing a weekly calendar or making improvements to an existing schedule. Feel good about your 24 hours, 7 days a week!

Thurs. 4/4 11:00 AM  
Fri. 4/26 11:00 AM

Designing and Delivering Presentations

Presentation skills are useful in and outside the classroom. Come learn techniques for creating an effective presentation, as well as best practices for public speaking.

Thur. 4/18 3:10 PM  
Mon. 5/13 12:10 PM

Focus and Concentration

Explore ways to increase focus and concentration, including strategies to help you stay on task. You will have a chance to reflect on your common distractions and problem solve.

Thurs. 5/2 2:10 PM  
Tues. 6/4 1:10 PM

Goal Setting

Practice using the SMART goal framework to design a goal. We will also explore the power that positive emotion holds in helping us take action toward and achieve our goals.

Mon. 4/15 1:10 PM  
Fri. 5/10 1:10 PM

Maximizing Lecture

Let's analyze the role of lecture — expectations, challenges, and opportunities — in our learning. We will discuss strategies to use prior to, during, and after lecture.

Wed. 4/10 1:10 PM  
Tue. 5/7 11:00 AM

Strategies for Test Taking

How can I become a better test taker? Join us to discuss strategies for maximizing your test grade, including managing test-induced anxiety.

Wed. 5/15 1:10 PM  
Fri. 5/31 12:10 PM  
Wed. 6/5 2:10 PM

Study Smarter, Not Harder

How do you know what you know? How do you prepare for exams? Let's discuss strategies that can help make study sessions more effective and efficient.

Thurs. 4/25 11:00 AM  
Thurs. 5/30 3:10 PM  
Mon. 6/3 3:10 PM

Take Charge of the Reading

Read to remember! Explore active techniques for engagement and efficiency. We will practice concept mapping as a way to capture and organize the information we read.

Tues. 4/9 11:00 AM  
Mon. 5/6 1:10 PM

Task Management

Having trouble juggling competing responsibilities and tasks? Let's discuss how to strike a better balance through prioritization and to-do lists.

Fri. 4/12 1:10 PM  
Wed. 5/1 2:10 PM  
Wed. 5/29 2:10 PM

Thrive Versus Survive

Let's examine our behaviors and habits to design action plans to strengthen our study system. What's working, what could be working better?

Mon. 4/1 1:10 PM  
Tue. 4/30 11:00 AM

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